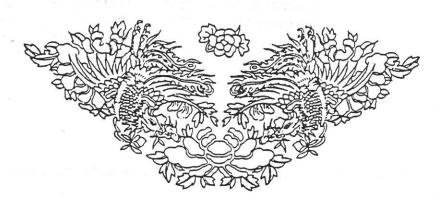
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Chinese Food Scientists & Technologists in America

Ne Association of Chinese Food Scientists & Technologists in America

會誌



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編者的話:(1) 音先向各位在百忙中多NEWSLETTER 撰稿的会友们致谢. 希望其他的今友们也能主动地多色少属於大家的小刊物的美工作的學習心得。

(2)全长林信南代表大家给李秀先生回了一封长信、希望今级附加强将繁五 有效地展用互助合作的诸項计意!

(3)又是南始找工作的季华,追期又转载了一篇相同的文字,孟附第一份的标本,

(4) 自修上進本是每个人内心的意顾及职责,本期刊载了一篇有同 Creativity 的文章. 希望令灰中在此一方面有心得者能控件资料也大家分享.

(5) 介绍会交价的2级单位,本期与级到一篇,是介绍 North Dakota大学的食品

研究的, 從中可以看出每了机構都有其特色.

(6) 身或研究生特别是初来真因私学的全友,将令受益於,冯先生尽季同學 的忠告. 冯先生的他多年教学的征疑意出他的指引,李同學则以他即将学成 的过来人.老看同一问题

(7)有同食品科技方面的知识.特浅米正中及孩天鸣两博士就他们的事长 備介 High Fructose Com Syrup (HFCS)及Fermentation. 该之殘益匪津.

(8) 有闰下届主席率争之搜名,全费(81~82)及其他微求意见之调查,论大家马上回费,

(9) 又有新全友四人条加 ACFSTA. 在此表示欢匝.

(10) 新的会友面讯绿正在整理中,有任何更正,传主到面知ACFSTA的孤意.

Me Association of Chinese Food Scientists & Technologists in America

李祖春秀见大學:

专义制度潜函管以奉悉所提满問题有此心由本会解争正的作为各种的行处被之問题调答格下:

一人才資料製腦处理之程序.

本会沒有強的的电腦程序(Computer program)可提供多处理用。课状路处湖利用其时服务公司之大型工品的电路之现有程序试着处理如果包括,因此设备可见路电路一起的,是任军设施。海南公居在了工品的路经公司为可供售此期程序。

二种国内管品界提供投价援助.

本层以頂記動之最高指導等則是的有分為社 向国内提供技術後點好以不指定的服務机精 之利益的理则。因此支援範囲及私心展其指導的主。 整度指導为主。 整度技術主要及移入群场看到看天人很多沦名见信上的说之里排。 吴什曼区作到。

国此国内会员科技之传送高帮国内各营品和精真任意的勤。本会只新社园由科研行其研究计算的是是是是特种的基础是要自己提供的技术的人类是要自己的,是一个解释之外,居有行家经济一类、知的创《行》,提下的加强的一种解释之外,居有行家经济一类、知的创《行》,推到了的方面的"多",是一类和"大学",是一类和"大学",是一类和"大学",是一类和"大学",是一类和"大学",是一类和"大学",是一类和"大学",是一类和"大学",是一类和"大学",是一类和"大学",是一类和"大学"。

居园中镇依此得则户港式本会指助,则园由和精甸本会提出問题者,尚带彼胜本会详细之标案 省料,以本 遭到指助之最高初为。

文者的最近二五所提之十四項主军以五十項司军的思问一之和,辱军计割之截倒的许之横截,各计割中立問題的许三府的大,本会各群部以及各种的合金复行者都知,集是15有条个分外是。

北上打提,本会目制已起了到起来,许多会复管超祖院隔别作兵事。但是,如何来到用这订宝量的人才管深以赞助国办会。, 赞之别居. 似乎尚思加以得入三挥行, 和且此别题看不避厌, 事份似乎的别别看不对任, 和且进议以下二丁产店,们同办公司, 和两人来等品本会解释付册知议, 以同办题方子令人, 解事口目, 命元信息, 似精自重人一年;治帝。

饱雨制之物园,若健用此人产資保之才传不序的包含的建立,紫色春春柳仍然会不明,东次春柳是多的对半。因为诸天家同园冷霞,黄园家不力

金融以为半定后复不可证明的为特力,老不知度生物来不知等缺的18品得国家的美野人替大家制兵部,相信者引智能同意上到港矣。

三清智到主

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副本印送:

福保之博士

土 建 科 他 州立大学 榖 類化學 句 技術 条 简介 (Dept. of Careal Chemistry and Technology. North Dakota State University)

北連科他州是美國重要穀物生產区之一,其中 Dersum Wheat, Hard Red Spring Wheat 与 malting barley 立產量均佔全美第一位,因此極為重視有関穀物方面的研究;本年於1905年設立,迄今已有刊年歷史。

北美目前有三大影物研究机構,其一是Kansas State U. 15) 智物为工業年,其二為加拿大Winnepag 15) Grain Research Laboratory (研究规则,不经学位),其三為本采;而有研究人员分設偏级门路(E milling, baking, malting, paota processing 研究之学府则僅有本采。

本条設備自1962年USDA 的 Hard Red Spring & Durum Whent Quelity Laboratory 邊入本系之後大為免責,除應有之生化儀器(如今C. HPLC.電話、胺基醛分析養……) 皆具偽外, 尚有各類型之 flour mills (至 pilot plant scale), Continuous hread—making equipment, theological instruments for dough testing, macaroni-processing units, malting equipment 每 microbrewery.

本年目前有 20個博硕士班研究生 (美BS program) 專任教授了人,華任教授 工人,研究高趣包括數物之生化研究 (但下包括商种) 句数物之加工技術 (如 milling, baking, Pasta processing, malting 与 brewing等), 学生可依興趣選擇 Chemistry 或 Technology 方面的研究题材。

本核家政学院亦設有 但品等是采,但偏重在警是 的 教育方面 成未产介紹;有自本采商学介绍如上,如今友有任何 超問, 教迎末信詢問。 (後樂費)

Creativity Can Be Fostered

b

Douglas T. Jaeger Miles Laboratories, Inc., Elkhart, Ind.

Today we know that creativity is not only an ability, but also both a pattern of behavior and a series of attitudes frequently springing from a specific environment. Two of these, the pattern of behavior and attitudes and the environment, can be learned and fostered. Because we tend to ignore attitude and environment, we will examine them more than learnable patterns of behavior. Both are equally important, however, and contribute to fostering and growth of creativity.

In this article we will consider what creativity is; what we as individuals can do to foster our own; what those of us who supervise others can do to release the creativity of subordinates; what we should expect from having creative people as peers or subordinates; and, briefly, what we can do to learn the behavior patterns of creativity.

Each of us has creativity to some degree. The creativity I am defining is the combining of old and/or new ideas to form a new combination which will better satisfy a need.

It is true that creativity is in part a matter of genes and chromosomes, but it is also true that we all have greater creative ability than we usually apply. We have learned to repress our creative instincts and abilities.

It is no accident that children show greater spontaneous flights of fancy on the average than do adults. There are many facts that point to the conclusion that we as mature individuals have inhibited our own creativity.

Responsibility for unleashing one's creative abilities lies first with the individual. We can be more creative. How? First by examining what causes us to suppress our creative attitudes and then overcoming these.

Individual blocks to creativity

Let's ask what causes us to be less creative.

We can identify at least three types of blocks to creativity; those which are cultural; those which are perceptual; and those which are emotional. Let's briefly review the cultural first.

We as members of society have a desire to conform, to be one of the crowd, to have our ideas conform to those of others. This desire to conform causes us to avoid proposing or advocating ideas which are different from those of others, and creative ideas are frequently ridiculous, preposterous, and even radical. It is no accident that the popular notion of a creative person is associated with eccentricities of dress or behavior.

Even in the use of the word"eccentric" rather than "different" we can identify a cultural block. Society dislikes those who are different, and eccentric is a much stronger and more condeming word than different. What other types of cultural blocks are there?

We as members of society find it impolite to be inquisitive. We frequently discourage it in ourselves and others, and yet the creative person must always ask "why." Why can be an embarrassing and even irritating question, as any parent of a five to seven year old can readily testify.

As a society we do not encourage fantasy or daydreaming. And yet this, too, can be a factor in creativity.

We could add to this list of cultural blocks, but let's instead consider the second, the emotional block. Here we are dealing not with the forces generated by our culture which has helped to mold us, but with our own inner feelings and attitudes.

Fear of making a mistake or of looking foolish can be a powerful inhibitor of creative ideas.

A desire for security or rejection of ambiguity can be another powerful inhibitor of creativity. If we have a hypothesis which can sort out neatly all of the facts except perhaps one or two, let's sweep the seeming irrelevancies under the rug. Who wants to live with uncertainty?

We can become rigid in our own thought patterns. This, too, can inhibit and block creativity.

Lack of desire can be a very real block to creativity. It is no accident that the creative person is frequently associated in the popular mind with long hours, frequent failure, and overcoming of obstacles at personal cost. No one has ever said that the heights of creativity are climbed except by those truly inspired.

Not all of the blocks we experience in our efforts to be creative are emotional and cultural. Some of them lie in our own thought processes and these we should call perceptual. Among the perceptual blocks which frequently exist are difficulties in isolating a problem, in defining what it is. Accompanying this can be a tendency to narrow the problem too much. For example, two famous pathologists both observed the effect of papain injected into the ears of rabbits. One, because he felt that cartilage was a quiet, inactive tissue, overlooked the fact that the cartilage was affected. The other was willing to open his mind to the possibility.

Similarly, we can well have difficulties in not investigating the obvious. For example, one group of engineers was given the task of designing a radically new, improved hydraulic check valve. Impossible specifications were placed on this valve and the engineers were told that if they could get a solution half as good it would be quite an achievement. These engineers had never developed a hydraulic check valve before. They thumbed through trade journals and ordered a standard check valve from two different vendors. They tested them to find out how well they fitted the specifications in order to establish some sort of starting point for their effort. To their amazement, as well as that of the person who requested the project, they found that a standard valve's performance exceeded all of the fantastic specifications of the requester.

What can we do about emotional, perceptual and cultural blocks? There are a number of things that we as individuals can do. First, we need to analyze our own attitudes toward creativity in light of the types of blocks we have just reviewed. Secondly, we need to identify those blocks which we feel most impair our own creativity. Thirdly, we need to make a conscious effort to overcome one block at a time. Having done so, we need to move on to our next block.

I think we also need to recognize that there are drawbacks to being creative, that it is not a life of ease or one of happiness. Many of us want to enjoy the best of all possible worlds, to enjoy the rewards that come from creativity without incurring the drawbacks. Some of these drawbacks involve dedication, perspiration, as well as the effects on our lives that intense single-mindedness of purpose will have, and the fact that if we are creative we may not be as well accepted as if we are "good Joes" and one of the crowd.

We've found in our brief review of creativity that we as people inhibit our own creativity, that these blocks are either learned or attitudinal in nature and that we can identify and overcome them. We have also learned that we must want to be creative to pay the price that accompanies it as well as gain the rewards.

Organizational blocks to creativity

There also are blocks that we encounter since we are members of organizations. What can we as supervisors do to help subordinates be more creative?

First, let's consider some of the blocks that exist, some of the blocks to creativity which managers can unwittingly create: a) an overemphasis on conformity; b) placing of time pressures on the individual; c) not providing a reward for creativity; d) insisting on "my way"; e) lack of flexibility; f) distrust of the new; g) premature critical thinking; h) too many layers of management or supervision.

Let's review these briefly. Certainly an overemphasis on conformity inhibits subordinates from being creative.

The time pressures we can think about in two ways. Certainly to create something by a given time and day, minute and hour, is highly difficult; but yet at the same time, it's important to remember that one of the marks of the creative individual is the excessive number of hours he is willing to devote to his problem, excessive in terms of normal working standards. The truly creative person is frequently characterized by intense absorption and by lack of concern about working hours. So that time pressure by itself is not necessarily a bar to creativity if the person desiring to be creative is willing to compensate for this by working 10, 12, and even 14 hours a day.

Many organizations do not provide rewards for the creative person. I mean rewards in terms of recognition by the company, recognition in the scientific community at large, and recognition in terms of money.

Another kind of block to creativity can be the insistance by the boss on doing it "my way." Accompanying this can be inflexibility.

Still another block to creativity is the distrust of the new. This, I think, poses in some ways more of a problem today than it did 60 years ago. This problem arises because of the knowledge explosion that all of us are experiencing. It is very easy for a manager 15, 20 or 25 years beyond his last schooling to find himself in many ways technically obsolete and, therefore, distrusting the new.

Another significant factor can be premature critical evaluation. Very frequently a truly creative idea is at first blush absurd, fantastic, or impossible. History is full of these examples: Pasteur, Mendel, Copernicus, Ampere, Lister, and many others. Critical evaluation of an idea prior to its full concept can be damaging to creativity then and in the future.

And since creative ideas are frequently revolutionary, excessive layers of evaluable supervision make it more difficult to have creative ideas fully accepted.

If these are blocks which any supervisor can unknowingly and unintentionally place in the way of the creativity of his subordinates, what can be done about them?

A number of steps are possible and practical. Let me suggest an overall approach. First, self-examination by supervisors of their own practices. Secondly, collective examination, examination by groups of supervisors of current practices and attitudes. Thirdly, discussions by supervisors with subordinates about their reactions to managerial practices and methods.

At 'this point, you as a reader are probably having several thoughts. Some of you are thinking, "Well, I could be creative if my boss would let me." And some of you are saying, "My organization doesn't want creativity." To those of you who do not supervise others, I would say the creative person dares to be creative in spite of his environment. To those of you who are supervisors of others, I would ask, "Are you sure you are helping your subordinates to be creative?"

In looking at creativity it is easy to dodge our own responsibility for increasing or releasing our own creativeness, and to blame any failings we may have on others. This is a many-faceted problem, and the factors which influence individuals to inhibit their own creativity are not only pressures from the organization but pressures from themselves. But organizations and managers need to examine their practices in the area of releasing creativity of subordinates.

We've reviewed the fact that managers and organizations can inhibit creativity and what can be done to correct this. We've also emphasized that no one of us can blame his organization for his lack of creativity. The desire to utilize our abilities lies within each one of us. How badly do we want to be creative?

Learning to appreciate creativity

Let's consider whether we really want to be creative, whether we want a creative person working for or with us or as our boss.

We know some things about creativity and creative people. First, we know that all people have creativity; that creative expressions are stronger among children than among adults, taken as a group; that creativity is not directly associated with intelligence. Now, this is not to say that we don't need to be intelligent, but rather that the ability to create and sheer intellectual ability are not related. We know that creativity can be increased if we accept as a measure of creativity the number of usable ideas. We also know that creativity is not always associated with nice, pleasant people. Creative people are generally more intelligent, more dominant and less acquiescent, more adventuresom. They are intolerant of themselves and they can be somewhat radical. They are unusually persistent. They are capable of sustained effort. They are people who avert firm self-discipline in their fields of interest, although they may fail to manifest this quality in other aspects of their lives. They are more autonomous, more assertive and authoritative. They are more consistent in their desire for rewards. They are less inhibited, less formal, less acquisitive.

What does this mean? This means that the creative person is not necessarily the most pleasant coworker, superior, or subordinate. This does not mean that the nonconformist is automatically

creative, but it does mean that the creative employee can question more, can be less adaptive to organizational rules and practices, be less of a team worker. What does the organization need to do about this? As a result, it can mean that managers must spend more time in supervising creative people, not in using the normal supervisory techniques but in translating necessary organizational requirements into values that are apparent to the creative person. It also means that we as colleagues or subordinates must be more tolerant and less concerned about the amenities. It also means that if we want to be creative we won't necessarily be loved as sweet personalities.

Finally, having learned something about the personal values and attitudes which can help us be more creative, or help our subordinates increase their creativity, what can be done to learn better the creative process.

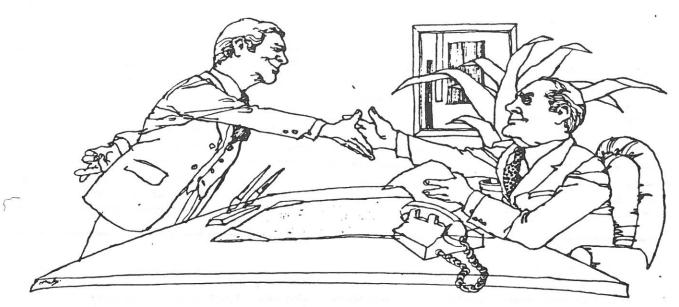
Formal training in how to think more creatively has been shown to be successful in many separate fields of knowledge and professions, as can be measured by an increased number of useful ideas produced. How are people trained to be more creative? Training in creativity usually consists of several parts.

First, a discussion and understanding of the creative process which involves several well-defined steps. The participants learn the steps involved and how to use these processes.

A second phase of creativity training involves a discussion of the obstacles to creativity and how these can be overcome by the individual.

The third phase of creativity training involves the understanding of aids to the stimulation of creative thinking. The use of such techniques as forced relationship and morphological analysis; the principle of deferred or postponed judgment; the use of check lists for idea stimulation; the importance of quantity; the use of logical thought processes, these are some of the specific techniques that are taught and practiced in an environment which relates to the kind of work that employees do on their regular jobs. Do programs such as this work? Do they help people be more creative? Yes, they do. How successful are they? Gains of as much as 125 per cent are common among graduates of the courses, with the criteria of success being the uniqueness and usefulness of the idea.

We've taken an overview of creativity and its fostering and we've found that we repress our own creativity for a number of reasons; that we can release our inhibitions by use of certain methods; that our organizations can help us foster creativity in terms of creating an even more suitable environment; that working with creative individuals can be trying; and finally, we've learned that there are formal organized means of learning to increase our own creativity.



How to ask for the job and get it

A successful approach to a potential employer has three key parts: the résumé, the application letter and the personal interview. Here's guidance on all three.

FINDING A JOB can be like threading your way through a maze. You go this way and that and down a lot of blind alleys. It's hard to judge your progress. And you don't know when or where you will reach your goal.

Only one thing is certain. Your quest will be shorter if you do all you can to get it off to a good start.

The first thing to do is to ask friends and business contacts to be on the lookout for you. Then make a habit of studying help-wanted ads in newspapers and trade journals. Check with some placement firms and look into job bank listings of industry and professional organizations in your field. Also draw up lists of companies that have the kind of job you want so you can contact them directly.

All of this is time-consuming, energy sapping and entirely preliminary to the key step—asking the right person for a specific job. And you won't get that job unless your approach to the person by letter, phone and in person is right on the mark.

Once you know where to aim, there are three elements involved in asking for the job. The first is preparing a résumé, curriculum vitae, background information sheet or whatever you choose to call the written explanation of who you are and what you can do. The box on the next page tells what information you should include.

Some job search strategists advocate departures from the conventional résumé. They recommend submitting a proposal you've worked up through research and conversations with the company's officials that shows how you could perform specific services to benefit the firm.

Another approach is that of Dr. Eugene Williams, dean of Sojourner-Douglass College in Baltimore, who suggests that people applying for teaching jobs submit an audiovisual portfolio, including a videotape of their performance in the classroom, so school officials can better assess their competence.

However you present your professional history, it alone won't get you the job. A résumé is merely a paper image of you, and few employers will hire on the strength of a résumé alone.

So why not forget about working one up? Because the résumé is still an expected document in the hiring process. Want ads usually ask for one, and so will most people you contact. It helps to introduce you and it helps to keep you from being forgotten.

For an employer, résumés are a basic reference. He may use them to weigh the strengths and weaknesses—in terms of job experience, professional achievements and so forth—of a number of candidates of whom he has otherwise similar impressions.

Another element in the process of asking for a job is your letter of application. Telephone contacts with potential employers are also important because often you'll have to make several calls to a company simply to identify the person to whom an application letter should be sent. Make every effort not to address the letter to a title, such as "Personnel Director." Direct it by name to the person who can make the decision to hire you.

Your application letter alone won't get you the job

either, but it can get you to the next stage-an invitation to a job interview. So take pains in constructing it, with careful attention to its tone, style, content and physical appearance. The essentials of an effective job application letter are described in the box (below).

Don't type the final draft until you have gone over your letter several times to improve it. You might ask a friend to check it for spelling, grammar and punctuation. The neatness, style, overall appearance and correctness of your letter are as important as its content.

The third element is the job interview. How you handle yourself there can determine whether you get the job.

"I have watched hundreds of job applicants destroy themselves in the first few seconds of an interview. I have seen others, just seconds away from being hired, do things that ruined their chances," says Kirby W. Stanat, a former corporate recruiter who is now college placement director at the University of Wisconsin in Milwaukee. He estimates he interviewed and hired about 8,000

1. Draft your résumé

should include the following elements.

- · Your name, home address and phone numbers at home and at work.
- · A brief summary of your professional background. It's better to categorize your work experience by functions rather than chronologically. That is, describe the kinds of things you have done in various jobs over the years, starting with the most important function. This approach gives the clearest picture of your capabilities. You can name companies you have worked for in this summary or simply list them at the end. You should indicate where you are working now, but there is no need to specify starting and ending dates for any of the jobs listed.

If you are a graduating student, summarize any job experience you've had-parttime work, summer jobs, work for volunteer organizations. You can also include leadership positions you've held and significant tasks you've completed in extracurricular activities and organizations. The work experience you cite may not relate to the job you are after, but this information will show that you know what it is to work and to use time and energy constructively.

Finally, some personal back-

In content, your résumé ground, such as your educa-(colleges. degrees, honors). As a result of antidiscrimination laws, many employers won't ask for such personal information as your age. birthplace and marital status. You can volunteer it if you want to Indicating off-work activities and interests, such as offices you've held and projects you've worked on in clubs, professional societies, community service agencies and the like, will flesh out your paper image.

Don't list references in your résumé: a note that they are available on request will do.

In form, vour résumé should be brief. Try to keep it to one page. It should be neatly typed and pleasing to the eye, with wide margins and proper spacing. Put your name. address and phone numbers at the top, professional data next, personal information last. Some job counselors recommend putting your job goal in your résumé, but often it can be expressed more selectively in your letter. You may wish to state your objective somewhat differently to different employers.

You needn't type an original copy of your résumé for each employer. Spend some time refining one version and make clean copies of it on an office copier or have it printed.

2. Write an effective letter

Compose the job application letter accompanying your résumé to get the following information across in a brief, businesslike way.

· Why you are uriting. Say you are looking for a job and think this company might have something for you. Don't beat around the bush with stilted

phrases about wanting to inquire what the potential for your career might be at this firm or how you desire to get this person's views on the outlook in your field. Say, "I am writing to you because I am interested in working for your company."

- What you will bring to the company as an employee. Here is where you emphasize particular' aspects of your experience and background that are most relevant to this company's business. Highlight specific achievements that demonstrate your capability and success in your work.
- · Why you are looking for a job. If you are currently emploved, you'll want to explain briefly why you want a new job. Good standbys: "I am looking for a job in which I can make fuller use of my experience (or potential) than I am able to do in my present position," or "I believe opportu-

nities to advance to levels for which I am qualified are limited at my present firm."

If you have been fired, don't mention it in the letter. The topic may come up eventually, and if it does, don't dissemble. Deal with the facts in the most dispassionate, least damaging way that your circumstances permit. Stick to emphasizing the positive-your qualifications for the job vou're asking

If you are a student, say when you will graduate and can begin work.

· The response you exped. You're writing to get an invitation to a job interview. So ask for it. "Could I mee: with you to discuss job pc- bilities at your company?" A: suggest a specific time for a: interview -within the next ten days or two weeks, for instance. Close by indicating that you hope to hear from the person you've

3. Prepare for the interview

_	
Tiere are some questions in-	Did wou ever opur vour job
terviewers typically throw at	on the line for something you
job candidates. Better be ready	delieve in?
for them.	would you rather do a tob.
TION WOULD TO STATE	design it evaluate it or manage
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Whath	why have you held so few
	jobs?)
y00.	Why do you many as long
The Gill	your present job?

SAMPLE RESUME

NAME
Address
City, State, Zip Code
Telephone

OBJECTIVE:

In your own words, i. e., A position in a business enterprise in which legal, auditing, engineering, sales, etc., skills can

be utilized.

EDUCATION:

Name of High School, Address, grade average and activities.

OR

Name of College or University, Address, type of degree - or - courses taken (if no degree) grade point average (if high). Activities (if significant and related to career objective.)

EMPLOYMENT:

(List all jobs, working backwards from present or last to

first. Include some data for all jobs.

Dates: (From - to)

Firm Name, Address

(if more than one position,

Position Held

list all with dates.)

Very brief job description

Brief listing of accomplishments while with firm.

Dates

(From - to)

Firm Name, Address

Position Held

Brief job description

NOTE: List military service as a job period in your life, but do not go into detail unless related to other

job experience.

HOBBIES & ACTIVITIES:

(If relevant to career objectives)

REFERENCES:

Furnished upon request.

NOTE: Use only one page, if possible, not more than two. Fill the page. Do not list salaries or reasons for separations.

各個人求學的經歷因個人的背景及環境不同而有相當的差異,我在此謹就自己所遭遇的一些較困難的狀況提出個人經驗供在学的會友家效。

初來美國上課時最不習慣的是由國內大学的班 級制学生組織生活轉变到美國研究所完全沒有班級 組織的学生生活,因此認識其他研究生变成一件相當 团難的事。我很幸運在第一等期時遇到一些很熟心友善的美國同學、從他們獲得許多有期系中各教授 脾氣,專長,為人處事等消息,這些資料對於選擇指 遵老所有极大的用处,指事老師的好壞及共学生可 剧係對於成功的求學生活,以及将來前途有決定性 的影響,所以必須特別謹慎。其他研究生的經驗是 最可靠的消息來源。假如系中提供研究生辦公室及專用 的音桌,最好防儘量利用。剛嗣始,置身家洋人之中的 經驗是不很好受的。可是一回生,二回熟,先從每天的 早安、問女副始、新新的、生面礼就成了熟面孔。假如 绽來不到新公室,課堂上碰到的同學最多點個歌,那就 像難混得熟了。另外一种認識新朋友共新環境的以 机鲁是零加系内学生會的活動,先從月會零加起,多去 幾次面孔混熟了後就容易進入状况了。由学生會的 活動中可以廣展對整個食品工業界的瞭解。我從

参兴等生活動中等到許多美國人做人做事的方法,對於适為環境有很大的神益。

以上多本人的一些求学经验,是在萬建心博士的建議下寫成在此謝謝他的鼓勵。

HOW TO BE SUCCESSFUL IN FOOD SCIENCE

by

Daniel Y.C. Fung, MSPH, Ph.D.

Chairman, Food Science Graduate Program Kansas State University

As Chairman of the Food Science Graduate Program at Kansas
State University, I counsel about 30 graduate students concerning
their academic, personal, financial, and professional development.
I have been asked to make a few suggestions to you Chinese students
on how to be successful in the U. S. Food Science programs, and this
I do with enthusiasm.

Personal goal. You must each have a clear goal in mind before entering graduate school. Do you have one? Do you want to be the best scientist, professor, product development expert, quality control expert, business person, etc. Ask yourself this periodically.

Interpersonal relationships. As an international student in the U. S., it is advisable to be open and communicative to people around you, especially other U. S. students, and particularly your major professor. Your major professor is THE most important person on your road to success. Be pleasant and courteous to him/her. Send him/her a Christmas card, birthday card, and/or a box of candy. He/she is a human being too, and would appreciate some warmth from you. Be sociable. Go to departmental picnics and parties and VOLUNTEER to help. Join a graduate student association . . and be active.

English. I cannot over emphasize the importance of a good command of spoken and written English. This is the key to your success. Participation in Chinese student meetings and gatherings

are obviously important, but excessive isolation will hinder your progress in English communication. I have a rule in my laboratory which prohibits the use of any language other than English from 8 a.m. to 5 p.m. After that, I will communicate with students in Mandarin, Cantonese, Yunnanese, or even Japanese . . if they like! Incidentally, I have observed that the Chinese students dating Americans are the ones with exponential improvement in English--I recommend this for singles only.

Academic Excellence. It goes without saying that you must excell in your course work. Many of you are excellent students, or you would not be here in the first place. When you have difficulty in your course work, most likely it will be related to a problem with English. Studying with American students will help. Always TYPE your term papers and reports. Even though a professor may say that it doesn't matter, actually IT DOES. A neatly typed report will immediately give a good impression. Also, check and double check spelling, typing, and grammar.

Research. "Publish or Perish" is true for graduate students as well as for professors. Work hard on your research--whatever the topic may be. Believe me, it is worth your total dedication. Learn how to write research papers properly, and read the journal articles in your field. Learn the strengths of your major professor, and follow his/her example. Use initiative and imagination. If you are not aiming to be the best in the world in your field, you are not aspiring high enough.

<u>Job Hunting</u>. Now that you are about to have that hard-earned M.S. or Ph.D. degree, what are you going to do? Some of you must go

home due to provisions under which you were financed. Do not forget that there are also opportunities in your home country. In some cases, your country NEEDS you. Others may like to give the U. S. job market a try. The current U. S. job market is tight for everyone-especially for Chinese students without a P.R.; however, it is not entirely impossible. My assistant, a Ph.D. student from Taiwan without a P.R., just landed a good job in California. Locating a job is a combination of training, the job market, knowing the right people at the right time, and LUCK. Start early. Talk with your professors. Go to national meetings. Contact employment agencies. Read job listings. Have an open mind, and don't be discouraged when things are not moving fast enough. All you need is one job. It may happen any minute. I firmly believe that if you are an outstanding individual with good training in Food Science, you WILL find a good job in the U. S. or elsewhere . . if you look hard enough. GOOD LUCK!

THE NEWEST "SUGAR" - HIGH FRUCTOSE CORN SYRUP (HFCS)

George C. Chu

INTRODUCTION:

Many of you, as a food scientist, has either heard or used high fructose corn syrup (HFCS) in your company. HFCS is a rather new product in the U.S. Until just a few years ago, "Corn Sweeteners" were simple corn syrup made up primarily of dextrose sugar.

Only recent technology permits the production of fructose sugar from dextrose through a rearrangement of atoms within the molecule called "Isomerization".

The commercial production of HFCS started in the U.S. in 1967. It has expanded rapidly during the last several years.

RAW MATERIAL:

Corn is the sole raw material, which is grown in the U.S., eight billion bushels in 1981 alone. The corn wet milling industry uses only 5%-6% of it for corn sweeteners. The average corn kernel is 61% starch and the balance is fiber, gluten oil and water.

MANUFACTURE:

The manufacture of HFCS from corn starch is a multi-step process. First, corn is softened by a steeping process and then goes through various milling, washing and centrifuging to separate starch from the rest of the parts of corn. Then, two enzymes, & -amylase and amyl-glucosidase, are needed to convert starch slurry to a high dextrose equivalent (D.E.) syrup. This high D.E. substrates are further treated enzymatically with a suitably purified isomerase before concentration. Isomerization is usually carried to a point where nearly half of the dextrose in the substrate is converted to fructose, which is approximately 42% fructose content. Meanwhile, the 42% fructose substrate can be further separated by a separation process to obtain 90% of fructose. A blending process between 42% and 90% fructose will produce 55% fructose. Following these steps, the product is purified by carbon, ion exchange and filtration process.

APPLICATION:

The finished product of HFCS is sweeter than sucrose, water white color and has high osmotic pressure, which gives them better storage ability. High fructose corn syrup will replace all or part of the sucrose in a given formulation. It is used in bakery products, beverages,

The Newest "Sugar"
High Fructose Corn Syrup (HFCS)
Page Two

carbonated or still; canned juices, canned fruits, confectionery products, frozen desserts, jams, jellies, preserves, pickles and wine.

MARKET:

The U.S. market share of sucrose has dropped significantly since 1960. Sucrose had 88.6% of the total sweetener consumption in 1965 in the U.S., but it dropped to 70% in 1981. The loss has been taken up primarily by HFCS. Currently, there are seven companies in the U.S. producing in total of 8,500 million pounds dry basis of HFCS. Over 50% of its production goes to soft drinks.

FUTURE:

HFCS is competitive with sucrose directly. The future of HFCS ties with the world sugar market and the production volume, which is the same old game of supply and demand. However, due to the recent new technology (computing controls), new facilities (vs. sugar plants), it has significant impact of energy and manpower savings. Additionally, the value of its co-product such as corn gluten meal, feed and germ can bring down the total manufacturer cost to produce each pound of product. As a result of this, economist predicted that HFCS will continue to grow and penetrate sucrose market to replace another 10-15 percent of the total usage of sucrose by 1985.

- 定義.

嚴格地按照生物化學規則說, 酚醛 (Fermentation)一詞專稿 愈氧狀態下的生化反應。此是與氧化反應 (Oxidation)相對而言可是在工業界惯用的街語中酚醛一詞 通指所有利用微生物生長時各種生化反應而達到某種目的的過程, 不管有氧無氧, 一律你嘟嗒。

二、磷酸科技主要工作。

做任何解婚工作,都处须考虑三大项目,其即苗種節選 酚醇操作,以及產品收贮。每一项之内又有許多不同的细節互制関辅。其中最重要的関鍵 還是菌種。如果菌種能依 客觀 環境 或主觀要求而做出人類 所需的工作,其他兩項工作 借 附 帶 已 现在分别 簡 个 此 三项工作 於下

1. 菌维筛選

A. 傳統的作法,是由大自然環境中以各種節选技術,設法運取分離出所零的微生物。例如要找能分解石油的菌種就應在油井附近泥土取樣品回突驗室分析。要找生產鐵线素酶的菌種,就應在森林中取腐植土壤來篩选。 这種方法較了靠,但是花费人为约为多,而且不易找到治力強的菌種。

B基图突变。做生物的個体小师勢強。 速度快,往往於野東小門內即可由后關解菌体异到十億餘以上。根據或點座定理,這麼多細胞中每次分裂生殖,總是會慢生染色体錯配,導致生理突蒙,横少成多,就禁生自然变種。。這針句點変異,表现在畸的的中是生產力退化,或產品变质。 進一步而言, 定度业可能 何好的的公居, 生產力 越来 越好。 傳統的 作法, 就是 以各種物理政化學處理, 引於定整, 使菌糖生產力强的 營量 冷釋 或專門 篩選 实及後生產力強的 细胞分離後作 地种培養。例如磐尼西林

现在的菌株单位產量比起佛蘭明高年初祭晚的菌株要高出數萬倍,就是经过數十年于断地甲紫外鄉與射引祭突逐选整一的方法達到目前地步。 这种工作, 和贵人工時間,

位賴机遇,是其缺點。 亡遗博工程:最近甚為塵上的基因重组技術,包含在遗传工程中,是針對前述二名之缺点一併解決,也因此而大大地問悉了醋酯工業的老明虚景。其詳细的作法和多達數十時的戰略自然不是事為短之所可涵蓋。在此僅與一個股設的例子來介绍其大概,至說明其实改性的閱鍵。如何傳统生理學而言。只有鳳梨聖部组织才含有植物蛋白

如领德统生理等而言,只有感染整部组织才含有植物蛋白酶 Bromalin,此项醋基在含品等不多用论煤焙菜以分解麵筋蛋白以軟化麵圆的靭性,增加其可揉轻度,超統一簖乾烂烧饭的起泡品质。(我国现在是全世界唯一的输出图)

今使用遗传工程技术。首先实改的困難就是可以指圆梨兰部细胞中,鱼麦生居 Bronalein 的基因移殖在细菌体内取生繁殖快,而不受鱼季節,种植圆梨多客的影响,更减少了人工收獲 Bronalein 的各种困撞。更退一步,基因重组技术显可特此段鱼黄 Bronalein 的基因 在每一细胞内增倍,使每一细胞 有能力可以生虚数十组以上百個 Bronalein 的分子,而不像以往在植物细胞中,每细胞 以能分泌生産一個或數值 Bronalein分子,是则酚酚反應的单位居量提升数十倍或百倍,其经济之重要性可趋而失。

造付工程的基地應用,對聯酩工作本身而言,還有照單訂做」的能力。舉例而言,生產酒精的过程中如使用 觀點做原料 免工了要片加勘以 孵化 澱粉 料 , 堰度高速 90°C。 然後 冷卻到 40~40°C 時才能加入 糖化酶, 糖化物, 再冷卻到 25~3°C 才能加入 酪母 菌 追行 磷酸, 等

2 瞬酸操作...

顾贿操作的目的,是稍微生物实验室所提供的菌种,经由最经济的方法生产所需之产品。它所靠涉的条件可分生理和工程二者,前者决定後者的需要。例如生产模様酸的

一思朝茵,需要大量氧氧、氢價之以下,温度37°C.培養基中含錄
铜. 钴力, 鎂, 多. 此等生理需要, 奠定了工程 設備和操作 設計的
原则. 生理俗伴降了通氣, 温度, 氢價, 培養基成分以外, 遇
有 醉酪 時間, 以及產品最高 濃度等。菌和本身是否性质稳定,
会不会造定 噬菌体的 促發, 也都是該老兔的條件但這些医论、微生物工作範疇, 不在此重複。

寒際研究 蟒蝽生理的工作,不外将上述各项條件運用統計學設計出科針实驗以求其最高的配合,而達到最經濟的效益。一般的原则不外如下: 好氣性瞬髂截止 氧醋醛矿想 因着時間教短, 氢傻最 好在極酸对極鹼性, 以减少雜菌污染的機會。 温度最好在50°以上, 不但反应速度快也减少污染机会。 培養基成分越便宜越好 磷醇時間越短越好產品濃度越高越好。

一般好工作的生產配置次多一般可以簡化為:原料調配→

一一主持際院 一一一產品回收一座品加工貯藏、

一般菌种源的主槽的体槽比例多在1%到5%之間。如果 瞬酸之速度越慢,菌糖源比例度更高,以缩短史总全瞬醇的時間。换句给說,如一历会外转卷液使用一公件菌糖源需 特三天才能瞬醇完累,今用十公升。一定苗糖源,可能一天半 就可以完累,節者能源人工,垂岸低污染的机会。

接種源和主檔緊點期間之醫視的控制,現在都有種種的儀表利用電算机預先 当好的軟件程式同時測試 數項條件,例如氫價 温度,溶氧量,逐出氣体中之二氧化碳,氫氣,培養液之可溶 国形物含量。有些較講完的緊轄還可將培養液定時自动取樣沒入液相屬分析儀,或氣相屬分析儀,以例定有机酸,糖之含量。

3 磷酸液之间收:

將產品自信養基中分離出來,一般可以利用在特定溫度或 氫價時產品的此溶性改定,造成沈澱到凝聚,然後使用 藍發,離心,对维力,這海法,以增加產品濃度。有些產品在 微生物体內,還处領先經過一層打破菌体的手續。最理想 的回收手續应傷量不要加熱,回收率越高越好,越簡單越好,收 獨產品越純越好。一般回收的费用如膏涉到加熱过程例如 冷凍(冷煤也需加圧才能降溫),並發,都比較贵。離心次之, 过滤最秀便宜。

4. 屋品的貯存。

所够產品都是有机物。易受氧化。温度、微生物,日志等影响和双短喜命。首要的貯蔵工作就是降低水治性。或則增加水溶液的黏度,或則製成乾燥粉末。然後包裝在不透光不透氣的容器內,貯放圖在陰深的地方。乾燥之法不外冷凍真空危燥、黄霧乾燥、从及熱風乾燥。第一種方法最耗能源

並且最慢,但是最能保存原来的產品特性。其他兩項的費用風次 遞減而保存特性之能力也依次遞減。

在此处領一提的是際酵產品有許多是具有腐蝕性的。例如蛋白酶如果不值吸入呼吸道,或提觸到跟膽,口腔黏膜等全引学敏感症,所以乾燥後处領再加特別處理例如做包裹microencapsulation,太化granulation,等,以減少粉末飛揚色害健康的威脅。

三磷酸在食品工業中的地位。

在作物成長期間,酵豬生產的天敵微生物,可以選擇性地抑制害虫,现在在美國一也年銷售是這二十三百万美元。 高級業中, 醉豬生產的乳酸菌,以及缴维季酶可以用来促進青夏 科 silage 加速酸化上抑制表分流失,每年世界市場约三億美元。 抗生素 (Auth otics), 助生素 (Probiotics) 则直接混在饲料中赶到有害病菌或防止病菌建立立足點。

念品原料收覆後,除了以新鮮状態出售外,多需以各種平同方法保存以增加經濟價值。 酚酸生蛋的乳酪 每年全世界有一百傷磅崖量。就是保存牛乳的一维方法。乳酸菌性的健康后每年也做近六千万美元生意,服務乳酪菜界。 類似的菌维也同時在香腸,它菜業中佔很重要的地位。

劈瞎疆酒,大家都摩解其重要地位, 充是供给酿酒業的激粉 酶,葡萄糖般粉酶等之中竭,肤有五年萬美元之多。 啤酒菜高,为了 去除啤酒中所含少量低分子蛋白质,以免冷藏時発生浪漫沈凝,多使 图要白酶以分解兹等蛋白质。葡萄酒菜在榨汁時,如果添加果醪酶 可以增加汁的產量,降低黏度,使於濫缩操作。果汁業也多採用類似方 法增加库量现代化的智额烘焙菜使用蛋白酶和澱粉酶、已是常事 當於添加物例如香皋料色素,保鮮劑許多也是聯酸產品,味精 灣油, 管蜡, 檸檬酸, 紅麴素, 等均是現例。 在含品消化注程中,也有膀胱系品度用的機會。許多人因為艺 天体內缺乏分解乳糖的酵素喝了牛奶发乳糖在肠内结聚值 受到隅内微生物分解,生火过多氧体,水份及酸類, 论是杂生拉 18土子的现象。现在已可用犯榜两项先清入牛奶,作用10分鐘 後, 将大部乳糖分解成葡萄糖和半乳糖 galactose 就沒有問題。 總而言之, 膀露工作之種類及應用需要有多種不同學科的 副绿木能腾任愉快。許多人能经数年政绩其中一部份,仍不能 得、窺全豹,事实上,大概沒有多少人敢就自己是一膀畴享家上, 筆書 更是絕不敢發自身有多少研究。只是希望藉此短文略介平日所見 所思,就教大家,還望有心人士不吝指正谬误.

PROFESSIONAL NEWS

- * Announcement of Tentative Program for the IFT Annual Meeting.
 - The Annual Meeting Committee, which is chaired by Dr. Santa Lin with the assistance of the other four committee members, Ernest Chen, Mike Chen, Angel Young and Joseph Jen, has proposed the following activities for this year's IFT meeting.
 - (1) June 23, 1982, Wednesday Cocktail party
 - (2) June 24, 1982, Thursday A two hour forum entitled "Career Preparation and Development" will be organized by Dr. Joseph Jen. It is scheduled from 4 to 6 PM at Room #E-1&2, Convention Center.

If you have any suggestions and comments, please contact Dr. Santa Lin.

- * IFT International Relationship Committee Chairman Mr. Mike Jimenez invited ACFSTA to participate in International Lounge Activity during IFT Convention. He even requested ACFSTA to be totally in charge of the activity in Las Vegas. ACFSTA politely declined the offer, but we will encourage our members to participate and observe its activity.
- * A workshop entitled "Rapid Methods and Automation in Microbiology" is coordinated and organized by our member, Dr. Daniel Y. C. Fung. It will be offered during the week of July 17-25, 1982 at Kansas State University. If anyone is interested in attending the workshop, please contact Dr. Fung or write to Division of Continuing Education, Warcham Building, Manhattan, Kansas 66502, (913) 532-5575.
- * Dr. Anthony Chen has organized a series of lectures for the Chinese Graduate Students at the University of Texas at Dallas. The first lecture "How to Hunt for Jobs and Conduct Interviews" was given on February 21, 1982. The response was very good. The lecture notes will be available to the ACFSTA members upon request. However, you will be charged with the printing cost and postage.
- * Dr. Sherman Lin has been given an achievement award by the Anderson Clayton Company for his contribution to the flavor formulation used in the ACF imitation cheese.
- * Membership Directory is currently being revised. If there is any change in your information, please inform the secretary by April 15, 1982.
- * There will be an open house ceremony in April, 1982 for a new building which will be the home of the Graduate School of Food Science, National Taiwan University. Prof. Stephen Chang will attend the ceremony.

SECOND REMINDER FOR 1981-1982 MEMBERSHIP DUES From Your Treasurer

During the last two months, I have received 30 membership dues. This made the total number of members who have paid their dues 74. Although we have made some progress, it is still less than 50% of all the registered members. If you would like to continue receiving the Newsletter, please send your membership dues.

Student Members

Wu, Hsiu-Mei Lee, Yung-Hsiung Huang, Yao-Wen Hsieh, C. C. Lee, Yeun-Chung Chang, Chiung-Nan Tou, Hsien-Ning

Cheng, Yueh-Ing
Chu, Chao-Feng
Lu, Ching Ping
Cheung, Barbara Ann
Cheng, Shu-Guang
Chang, Rong-Quey

Professional Members

Tan, Chee-Teck
Chai, Tuu-Jyi
Fan, Lucy
Lee, Chi-Hang
Cheng, Anthony H. R.
Yang, Angel
Lee, Shu-Chi*
Wei, Lun-Shin**
Chu, George
Soo, Hung

Ma, Robert
Ying, Levi
Fan, Steve Tsai-Yi
Yao, R. Y.
Huang, Min-Nan*
Moy, James H.
Chang, William T. H.
Chou, David
Liao, Fu Tarng
Catherina Y. W. Ang

THE DOINTED 1082

*Supporting Member
**Honorary Member

Welcome our NEW members :

Yang, Tony Chi-Hsiung 楊啟雄 Tou, Hsien-Ning 竇姆寧 Cheung, Barbara Ann Chang, Chiung - Nan 強寶廟

I.	Nomination of Officers for 1982-1983
	President:
	President Elect:
	Two Executive Committee Members:('82-'84)
	Please sign and mail in your nomination by March 30, 1982 to our Secretary, Peter Wan, 3333 N. Central Expressway, Richardson, Tx. 75080.
	Signature of MemberDate
II.	If you want to attend the forum "Career Preparation and Development", please sign your name.
III.	Please cast your vote for the extension of current one year term for ACFSTA President to two years:
	YesNo
\	(Please return this portion with your remittance)
8	ASSOCIATION OF CHINESE FOOD SCIENTISTS AND TECHNOLOGISTS IN AMERICA (ACFSTA)
c/o D	r. P. J. Wan, 3333 North Central Expressway, Richardson, Texas 75080
Membe	rship Dues Invoice for June 1, 1981 to May 31, 1982.
Pleas	e check one of the following membership status:
	Honorary Member
Payme	nt enclosed
Pleas	e make check payable to ACFSTA.
1 1 1 1	Member's Name
, 1 1 1 1	(Please Print)

Please use the inside back cover to remit your membership due.

ACFSTA c/o Peter J. Wan Anderson Clayton Foods 3333 N. Central Expressway Richardson, Texas 75080

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